

28 Minute Daily Exercise program

Standard tuning

$\text{♩} = 120$

Tremolo Picking. One minute on each string. Total 8 minutes

E-Gt

1 2 3 4

mf

T
A
B

5 6 7 8

5x
Hammer ons 1-2, 1-3, 1-4 Fingers

T
A
B

9 10 11 12

T
A
B

13 14 15 16

T
A
B

17 18 19 20

Continue with 3-1 an 4-1 fingers

T
A
B

